

# This Week's Menu

Week 1  
Autumn/Winter

Monday

Tuesday

Wednesday

Thursday

Friday

## Soup Station

Freshly made  
Lentil & Vegetable  
Soup

Freshly made  
Moroccan Carrot  
Soup

Freshly made  
Yellow split pea  
Soup

Freshly made  
Leek & Potato  
Soup

Home made  
Spicy Tomato & Lentil  
Soup

## Chefs Table

Butchers choice sausage  
Served with Mashed Potato  
& Onion Gravy

Beef Lasagne  
Served with Garlic Bread

Roast Pork  
Served with Roast Potatoes  
& Gravy

Gammon & Pineapple  
Served with New Potatoes

Breaded fish fillet  
served with Lemon Wedge  
& Chips

Vegetable Noodle Stir fry  
Served with Pitta Bread

Macaroni Cheese  
Served with garlic bread

Butternut Squash Risotto  
served with crusty bread

Tomato & Basil Pasta  
Served with salad

Omelette  
Served with Chips

## On the Side

Broccoli & Cauliflower  
Sliced Carrots  
Side Salad

Sweetcorn  
Sliced Carrots  
Side Salad

Green Cabbage  
Sliced Carrots  
Side Salad

Mixed Vegetables  
Sliced Carrots  
Side Salad

Garden Peas  
Sliced Carrots  
Side Salad

## Grab & Go

Panini selection  
Pizza  
Cajun Chicken Wrap

Panini selection  
Pizza  
Cajun Chicken Wrap

Panini selection  
Pizza  
Cajun Chicken Wrap

Panini selection  
Pizza  
Cajun Chicken Wrap

Panini selection  
Pizza  
Cajun Chicken Wrap

## Mix & Match

Chef's special  
Chicken curry  
Tomato & basil

Chef's special  
Chicken curry  
Tomato & basil

Chef's special  
Chicken curry  
Tomato & basil

Chef's special  
Chicken curry  
Tomato & basil

Chef's special  
Chicken curry  
Tomato & basil

Choose: Jacket potato, Rice  
Or Pasta

Choose: Jacket potato, Rice  
Or Pasta

Choose: Jacket potato, Rice  
Or Pasta

Choose: Jacket potato, Rice  
Or Pasta

Choose: Jacket potato, Rice  
Or Pasta

## Dessert

Apple & Berry Pie  
Served with Custard  
Assorted Yogurts  
Fruit

Rice Pudding  
Served with Jam Sauce  
Assorted Yogurts  
Fruit

Chocolate Sponge  
with Chocolate sauce  
Assorted Yogurts  
Fruit

Treacle Tart  
Served with custard  
Assorted Yogurts  
Fruit

Syrup Sponge  
Served with custard  
Assorted Yogurts  
Fruit

